

Welfare and Safeguarding Report RAC 2021-2022

The Welfare Officer's report, if we are lucky, should be fairly short! It is a testament to the hard work of the coaches, committee and our own members when the Welfare incidents are low. Thankfully there is nothing adverse to report.

There are many positive actions to report however. Despite or perhaps partly thanks to covid we have revisited many of our safeguarding policies & health and safety procedures. As a result we have:-

1. Purchased a defibrillator for track sessions and RAC hosted/supported events
2. Facilitated two First Aid training sessions in the last 10 months, over which 19 of our coaches/volunteers have been awarded a First Aid Certificate!
3. Introduced wristbands as a way of quickly & clearly identifying members' emergency contacts and any medical needs.
4. Reviewed our Facebook (FB) Page and as a result launched a new members only FB group which provides a safer online zone for our younger athletes' achievements & photographs to be shared.

As well as these action points we continue to ensure our coaches hold DBS certification and safeguarding training. We also rely on parents of junior members to support us in ensuring under 16's are accompanied to and from the track and to the toilet facilities, if needed.

If you have any questions or concerns please do get in touch with me via the Club email address or in person at the track.

Ruth Brandon