

## Risk Assessment: Covid-19 Restricted Coaching Session

Date:	Assessed by:	Location :	Review :
02/07/20	Martin Findlay	Holme Pierrepont Rugby Field	Weekly

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Exposure to Covid-19 virus	Athletes Parents	<b>Before the Session:</b> <ul style="list-style-type: none"> <li>If you are feeling poorly especially if you have any COVID symptoms STAY AWAY.</li> <li>Wash your hands. Disinfect your spikes, training shoes, drinks bottle and any other equipment.</li> <li>There are no toilet facilities so go before setting off.</li> <li>Parents must give consent for athletes to take part in the session.</li> </ul>	L	<ul style="list-style-type: none"> <li>Ensure parents are aware of the guidance and support athletes to ensure hands are washed, equipment sanitised before leaving home.</li> <li>Parents to provide an emergency contact number</li> </ul>	L	Martin	24/06/20	
Exposure to Covid-19 virus		<b>Arrival at the session:</b> <ul style="list-style-type: none"> <li>Proceed directly from call to a green cone. This is your area for warm-up's.</li> <li>Parents to stay 20m distance from session.</li> <li>ALL to observe social distancing.</li> </ul>	L	<ul style="list-style-type: none"> <li>Coach to be present, vigilant and vocal.</li> </ul>	L	Martin	24/06/20	

Exposure to Covid-19 virus	Athletes Coach Parents	<p><b>During the session</b></p> <ul style="list-style-type: none"> <li>• Athletes to stay in their designated zones, unless otherwise directed, but will still remain 2m apart.</li> <li>• Coach to remain 2m+ from athletes.</li> <li>• LISTEN</li> <li>• Do not handle any equipment.</li> <li>• 2m+ to remain in force even during breaks</li> <li>• Coach to have PPE in case of emergency treatments of athlete.</li> <li>• Coach to use areas of Holme Pierrepont that aren't busy and mark off area to discourage public interaction when possible.</li> </ul>	L	<ul style="list-style-type: none"> <li>• Coach to be present, vigilant and vocal.</li> <li>• Any equipment touched will be wiped down.</li> <li>• Increased use of roping off areas if necessary.</li> </ul>	L	Martin	24/06/20	
Exposure to Covid-19 virus	Athletes Coach Parents	<p><b>End of the session</b></p> <ul style="list-style-type: none"> <li>• Coach to dismiss athletes 1 at a time.</li> <li>• All athletes to return directly to parents.</li> <li>• Athletes must maintain 2m+ distancing throughout transfer to their cars.</li> </ul>	L	<ul style="list-style-type: none"> <li>• Coach to be present, vigilant and vocal.</li> </ul>	L	Martin	24/06/20	
Slips & Trips	Athletes & Coach	<p><b>Additional risks as not at Bingham Track:</b></p> <ul style="list-style-type: none"> <li>• Only do session in dry conditions.</li> <li>• Find suitably smooth section of field.</li> <li>• Coach to inspect field for dangerous debris.</li> </ul>	M	<ul style="list-style-type: none"> <li>• Remind athletes this is not a track.</li> <li>• Enforce the wearing of spikes.</li> </ul>	L	Martin	24/06/20	