

**Parent / Carer Code of Conduct
(Applicable to all parents / carers of member athletes under 18 years)**

Parents/Carers are expected to:

1. Ensure anyone under 16 (in accordance with England Athletics guidelines) does not walk unaccompanied between the leisure centre and the track before and after a training session.
2. Ensure anyone under 18 (in accordance with England Athletics guidelines) does not walk unaccompanied between the leisure centre and the track during a training session.
3. Ensure all athletes register on arrival, in line with our guidelines at the time, so we know who is at the track and that we have emergency contacts for all athletes and you must ensure:
 - a. you deliver and collect your child punctually to and from the coaching sessions/event. All athletes must arrive at the track between 5-15 mins prior to the start of the session to ensure they are registered prior to the session starting. Parent/adult carer should be at the track in time for the end of the session to collect athletes.
 - b. your child arrives at every training session with their RAC barcode and keeps it on their person throughout the session. If for any reason this is not possible you must register with emergency contact details at the registration desk.
 - c. any changes in the condition of the child's health/medial condition should be reported and that the club has the current emergency contact details for you and another responsible adult.
4. No athlete is permitted to join a training group without registering.
5. No latecomers will be accepted as all athletes must warm up as guided by the coach.
6. No athlete must leave the track during a session unless they have informed their coach and they have been given permission or if a parent/adult carer is present to collect them.
7. Please inform a member of the committee or coaching staff if there is an unavoidable problem. The club is unable to act as a 'babysitting service'.
8. Inform the coach before a session if your child is to be collected early from a coaching session/competition and if so, by whom.
9. Ensure your child is properly and adequately equipped and attired for the training session/event, including all appropriate clothing and footwear for possible weather changes, water and sun cream for example. Please ensure all personal belongings are named.
10. Encourage your child to obey the club's rules and teach them that they can only do their best. Do not force your child to participate in any session/competition.
11. Behave responsibly as a spectator at training/events and treat coaches/officials/team managers/committee members and spectators of yours and other clubs with due respect, meeting the UKA commitment to equality, diversity and inclusion.
12. Ensure that YOU do not use language that could be interpreted as offensive to others within the club/competition environment.
13. Ensure your child's needs are met in terms of nutritional needs and listen to advice given from the coach in relation what food and hydration is required.
14. Raise any concerns you have in an appropriate manner with the Club's Welfare Officer. Details of the clubs Welfare Officer can be found on your club website.
15. Not enter the competition area unless requested to do so.
16. Arrange a suitable time with the coach if you wish to have a discussion. When dealing with your child's coach, treat the coach with respect and in the manner you would wish to be treated.
17. Most of all help your child enjoy the sport to the best of their ability, ultimately, be Safe and have Fun!

N.B. Sanctions for the breach of the code by a parent/guardian may include a verbal/written warning or suspension from club activities. The club may also have the right under its constitution to suspend or expel a junior athlete for breaches by the relevant parent.