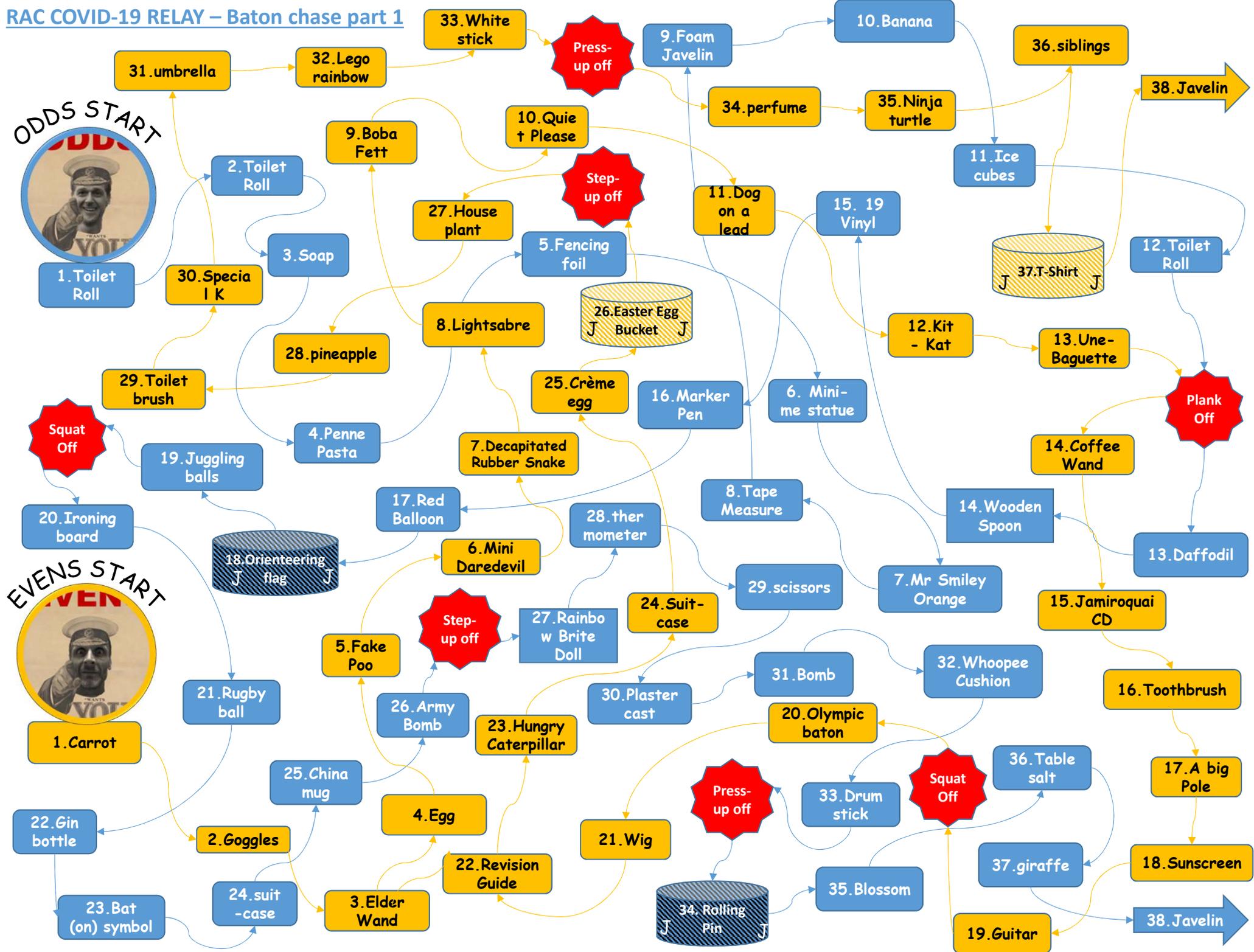
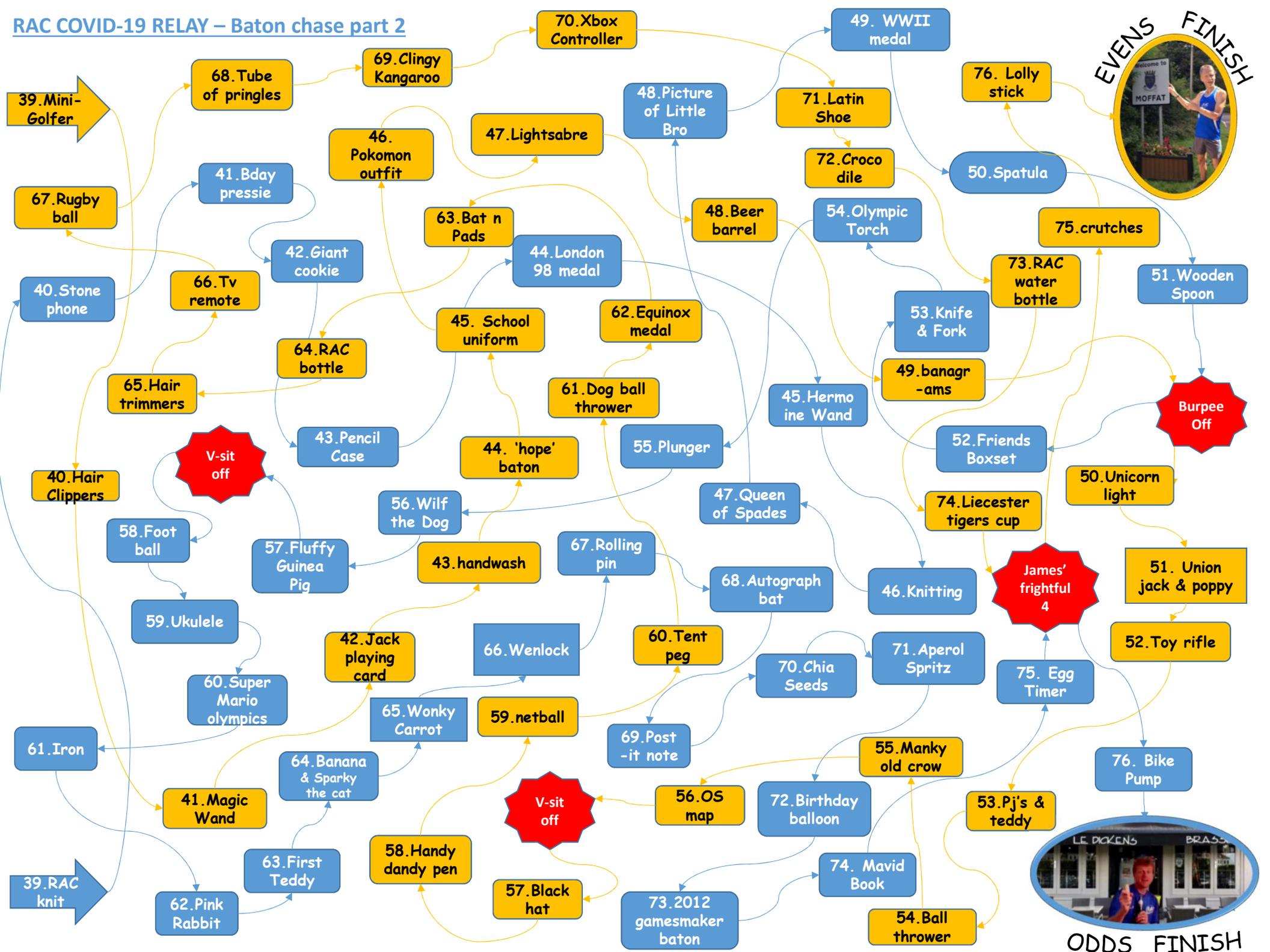


RAC COVID-19 RELAY – Baton chase part 1



RAC COVID-19 RELAY – Baton chase part 2



Covid-19 Relay Baton Chase – The Rules

- The **most** important rule of all (Rule 10) applies to all versions of this game – i.e. it is a competition but no one cares who wins 😊
- **Set up:** print off (colour if possible) both sheets of the board and put them next to each other with the start on the Left, and finish on the right. Choose your team and place your playing token on the corresponding captain (Graham for Even, Steve for Odd). There can be more than one player on either start position. If you took part in the actual relay – declare which was your baton. If you did not, choose one baton from the team from which you have started (i.e. odds or evens)
- **Objective:** Each block on the ‘board’ represents the baton chosen by the 76 runners on each team, in the order that they were used. Evens are Orange, Odds are blue. The aim of the game is to race your opponent(s) to get your captain from their starting position to their finishing position. i.e. get Graham from to Moffat, or Steve to ‘Le Dickens brasserie’.
- **How to play:** Youngest player goes first, then move anticlockwise (better known as the RAC track direction!) When it is your turn, shake the dice and move the corresponding number along your line of ‘batons’. What happens after that depends which version of the game you choose from the red boxes below. However the following rules apply which ever version you choose:
 1. If you land on your own baton, the other player gets sent back to the start.
 2. If you land on your teams joker (the one that looks like a disc) you double the number on your next shake of the dice.
 3. If you land on one of James’s dastardly physical challenges, which are slotted in to the game in real time order, then unlucky for all participants – follow the rules in the box at the bottom of the page.
 4. You have to land on the finish ‘line’ exactly and have to move every shake so If you overshoot the finish move back accordingly and try again.

The Anorak version

Studied every single RAC Covid-19 relay facebook update, and / or have a photographic memory? then this version is for you.

After moving your counter, name the person who carried the baton you have landed on. If you get it right, shake again, if you get it wrong it is the next players go.

Turn ends after a maximum of 3 correct answers, or when you get one wrong.

A list of baton is owners is included for checking answers – no cheating!!

The non-thinking version.

Shake dice, move corresponding number of batons. Simply taking it in turn. With a few things to watch out for:

The Good - if you land on:

- An edible baton you get an energy boost - shake again
- A mystical / magical or super powered baton can zap your opponent back 5 ‘batons’ (includes all potter / star wars references)
- A ‘living’ baton gives you a helping hand and moves you forward 5 batons
- A baton with a musical reference, providing you can sing/hum or play the imaginary instrument to the other players approval can move you forward 3 batons

The bad – if you land on:

- An Alcoholic drink you’ll need a lie down and miss a turn
- Something which could be used as a weapon (discuss, debate and agree with your fellow players)!. Each player can play **one successful ‘weapon challenge’ only**. To be successful they have to demonstrate a plausible way in which said baton could indeed be used as a weapon (be creative, keep minds open and use your challenge wisely 😊)

Feel free to make up your own ‘good’ and ‘bad’ rules to add or substitute in – better to agree them before starting though!

James’ Dastardly Physical Challenges

Plank Off – Get into plank position facing your opponent(s), hold the plank, the person who holds for the longest wins. After 1 min either declare anyone left planking winners, or for ‘battle mode’ try to knock each other out of their plank position whilst holding yours! Last one planking wins, first one out loses

Squat off – Set a 1 minute timer, most squats in a minute wins, least loses... Squat properly, James is watching!!!

Press-up off – Set a 1 minute timer, most press-ups in a minute wins, least loses... Press-up properly, James is watching!!!

Burpee Off – Set a 45 second timer. Most burpees wins. Least loses - burpee properly James is watching

V-sit off – Get into position so soles of feet are against an opponent. Hold for as long as you can, after one minute either declare anyone left in V-position winners or in ‘battle mode’ you may try to unbalance your opponent whilst keeping your balance. Last person in v position wins, first out loses

Step-up off – Either head to head or time trial if using the same step. Most step ups in 1 minute wins, least loses. If no step handy, speed bounce over a line.

James’ fearsome foursome: the worst of the lot. In any order you like, do 15 press-ups, 15 step-ups, 15 burpees and 15 squats. First to finish wins, last loses

*In the interests of family harmony it is advisable to agree what an acceptable version of each of the exercises listed below looks like before commencing the challenges! And also agree whether or not you’ll be ‘battle’ mode! **For all challenges, winner moves forward 5 baton, loser moves back 5.***



Covid-19 Relay Baton Chase – Anorak's version : Team Even Answers

Graham Moffat	carrot
Abi Cast	swimming goggles
Zach Ward	wand
Ali Browell	egg
Sam Buller	fake poo
Chris Beeley	mini daredevil
Caren Hoejbjerg	decapitated rubber snake
Ewan Collier	light sabre
Rob Hardisty	Boba Fett
Helen Hood	quiet please sign
Russell Tuffin	dog on a lead
TrudyTuffin	Kit Kat
Lorraine Collier	une baguette
Chris Collier	coffee pod wand
Kev Bowen	jamiraqui CD
Alex Gandee	toothbrush
Megan Mellor	pole vaulting pole
Chera Todd-Mcintyre	sunscreen
Danny Todd McIntyre	guitar
Nick Reade	Olympic baton
Lou Read	wig
Sarah Maston	revision guide
Marc Scott	Hungry caterpillar
Andy Grieve	suitcases
Thomas Gandee	big cream Egg
Lucy Rathbone	egg bucket
Hattie Maxwell	houseplant
Andy Clayton	pineapple
Jo Bramley-Maye	toilet brush
Dave Gandee	Special K
Pauline Gandee	brolly
Toby Wyszynski	Lego rainbow
David Sweet	white stick
Amelia Short	perfume
Joshua Flood	ninja turtle
Jack Duffy	siblings
Joseph Tuffin	t shirt
Steve Parry	javelin

John Dickens	mini golfer
Dave Paget	hair clippers
Adam Paget	magic wand
James Wardle	Jack playing card
Deborah Duncan	handwash
Serena	"hope" baton
Rachel Wright	school uniform
Isobel Partridge	pokemon outfit
John Partridge	light sabre
Martin Findlay	beer barrel!
Ruth	bananagrams
Kath Malone	colour changing unicorn light
Ant Squire	union jack & poppy
Family Wootton	assault rifle (not real)
Isabel Wright	PJs and teddy bear
Ali Watson	ball thrower
Paul Kelly	stuffed, manky old crow
Viv Wardle	OS map
Carson Brown	black hat
Colin Brown	handy dandy home school pen
Lyla Brown	netball
Dylan Hare	tent peg
Archie Bradbury	dog ball thrower
Harvey	Equinox medal
James Sugden	cricket bat and pads
Jamie Williams	RAC water bottle
Steve Carr	hair trimmer
Lewis Carr	tv remote control
Ken Pollard	rugby ball
Daisy Oldridge	tube of Pringles
Jenny Duff	clingy kangaroo
Henry Jones	xbox controller
Tegan Duff	latin dance shoe
Jasper Duff	Crocodile
Toby Bramley Maye	RAC water bottle
Barney Bramley Maye	Leicester Tigers Cup
Josh Webster	
George Mousley	

Covid-19 Relay Baton Chase – Anorak's version : Team Odd Answers

Steve Dickens	Toilet Roll
Ella Coverley	Toilet roll
James Gandee	bar of soap
Joe Ashmore	penne pasta
Caitlin Sorrell	Fencing stick
Tim Sorrell	Mini-me statue
Family Boddy	Mr smiley Orange
Oscar Wyszinski	Tape Measure
James Hardisty	foam howler
Alana Cook	Banana
Phoebe Clayton	Ice cubes
Oli Short	toilet roll
Jo Davis	dafodil
Morgan Alexander	Wooden Spoon
Darren Webster	Paul Hardcastle Vinyl
Finley Hood	marker pen
Evie Dickens	red balloon
Ben Squire	Orienteering Flag
martin Phillips	juggling balls
Paul Hendrick	ironing board
Jonathan Maston	rugby ball
Barbara Maston	gin bottle
Kevin Baker	Bat(on) symbol
Alice Grieve	Suitcase
Dawn Norman	China mug
Andrea Kelly	Army Bomb
Niki Ward	rainbow brite doll
Jenny / Amy Clayton	thermometer
Nina Coverley	scissors
Tom Coverley	plaster cast
Adam Bayley	A bomb
Isaac Wright	whoopee cushion
Will Ashmore	drumstick
Maya Todd-Mcintyre	Rolling Pin
Emily Newman	blossom
Emily Disney	table salt
Erin Richards	giraffe
Ed Parry	javelin

Carol Dickens	RAC knit
Amy Dickens	pretend stone phone
Oscar bailey	bday pressie
Marci Brown	giant cookie
beth bailey	pencil case
Kathryn Mellor	LM medal 1998
Freya Sugden	Hermione wand
Abigail Webster	knitting
Andy Wardle	queen of spades
James Scott	picture of little brother
Mark Coverley	WWII medal
Lewis Hare	Spatula
Rory Squire	wooden spoon
Charlotte Squire	friends boxset
Richard Bradbury	knife and fork
Alexander Norman	olympic torch
Jon Short	plunger
Megan Davis	wilf the dog
Melissa Wyszinski	fluffy guinea pig
Oliver Williams	football
Sarah Dickens	ukulele
Louis Dunne	super mario olympics
Chris Cope	iron
Ava Watson	pink rabbit
Adam Hardisty	first teddy
Abigail Waldron	banana & sparky
Jim Lane	wonky carrot
Joshua Lane	wenlock
Claire Lane	rolling pin
Noah Lane	autograph bat
Harriet Jones	post-it baton
Catherine Carr	chia seeds
Sam Watson	Aperol Spritz
Ruby Watson	Birthday Balloon
Phil Dickens	2012 games maker baton
Morton Hoejbjerg	Mavid Book
Mia Hoejbjerg	
Pete Duff	