

**RAC AGM 2020**  
**Monday 28<sup>th</sup> June 2021**



## Secretary & Welfare Report

### Secretary Report

It has been so good to be back to training at the track and I thank all our members, coaches and volunteers for all their efforts in ensuring we have been able to return to training. Even when not training we have stayed connected through:

- Facebook page - [here](#)
- Website Latest news (which has a feed from our facebook page) - [here](#)
- Virtual training suggestions via email and facebook.
- AND a second virtual relay!!

I would like to thank all the volunteers who have worked tirelessly throughout the last year to reinvent the new normal (on several occasions), adapted to the challenges the pandemic has presented and ensured we all remained active and sane.

Although we have been unable to recruit new members over the last year the club continues to be in a healthy position with regards to its membership. We currently have 312 members which includes 20 coaches, 6 officials and 28 other volunteers.

This is down on previous (pre-pandemic) years and due to the enforced shutdowns and restrictions we have been unable to hold inductions for over a year but these have now started again.

We have held 1 zoom induction session and accompanying trial sessions since March 2020 which saw 45 Inductees, in June 2021.

Despite the numerous lockdowns our coaches have been keeping busy and qualifications gained since the last AGM include:

#### Event Group

Graham Moffatt and Martin Philips are mid way through their Event Group qualifications but have been unable to complete the in-person aspects of the course during the pandemic due to lack of availability.

Athletics Coach  
Mike Thornewill

Coaching Assistant  
Harvey Sugden  
Richard Bradbury

LiRF  
Andrea Kelly  
Pauline Gandee

New coaching volunteers working with a coach but not yet qualified  
Chris Hughes  
Zoe Ashmore

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Our volunteers are the lifeblood of our Club, without whom we would not have a thriving Club, and we are always on the lookout for new recruits. If you fancy joining our happy brigade, there are many roles - it's not just coaching - including administration, assisting at events, competitions and generally helping out – then please get in touch.

2020/21 also saw Rushcliffe AC nominated and shortlisted for a number of awards winning the England Athletics Regional Volunteer Awards for Athletics and Running @home Award - East Midlands.

And congratulations to one of our founding members Sprint Coach Mac Blackman who won the Pride of Rushcliffe Award for his 25+ years dedicated to athletics coaching. The nomination / award announcement can be viewed [here](#) (from 17:42 minutes).

I thank you all for making the Club a fun friendly place to come and train and achieve the best whilst being in a blue vest. We encourage all the family to be a part of our story - whether it's training, competing or volunteering - we welcome everyone.

*Nina Coverley*

#### **Welfare Report AGM 2021**

Thank you committee & members/athletes for making our club a safe and welcoming place to return after such a turbulent year. We have a wonderful set of volunteers working hard to keep us all safe and to have fun.

With this in mind please ensure when sending junior athletes, that they are keen to join in and understand the code of conduct for behaviour that we expect from our members. It is very rare that we have to ask someone to leave a session but it is important that our coaches can concentrate on doing just that; coaching athletics.

In May this year, 12 of our coaches & volunteers spent an evening earning a First Aid qualification, including lifesaving skills such as CPR. On the back of this, the Club invested funds in its very own defibrillator which we can now keep available at sessions and events. To have such a large number of our volunteer team trained in First Aid is a great achievement!

A huge thank you to those who have helped chaperone our junior athletes to the toilet facilities. After reviewing our toilet policy we have tightened up the safeguarding element of this 'risk factor' and so 2 adults are available at the track for this reason. Ideally though your child should still be using the toilet on the way to the track while under parental supervision to avoid disrupting the session. We really do rely on your support and help for such volunteering roles.

Continue to enjoy the summer and as Baz Luhrmann once said, 'wear sunscreen'!

*Ruth Brandon*  
*Safeguarding & Welfare Officer*