



RAC AGM 2019
Tuesday 26th March 2019



Youth Development League AGM report

Rushcliffe competed as an individual team in the lower age group (LAG) Youth Development League (YDL) for the first time last season. Our U17 & U20 athletes were already competing as a composite team in the upper age group, but with growing numbers in the club, it was now possible to offer more competitive events to our U13 & U15 athletes.

A total of 41 athletes took part across three matches and 14 athletes competed in all three. It was great to see them attempting new disciplines such as the gruelling 300m sprint (!), 4 x 300m relay and the hammer, as well as the usual track and field events. YDL is primarily a team competition and, in contrast to mini-league, every performance scores points so it was especially encouraging when athletes stepped out their comfort zone and participated in an unfamiliar event to secure valuable points.

We had a very successful inaugural season. Competing in a league with seven other teams from Nottinghamshire, Derbyshire and Lincolnshire, we were third in every match and finished third overall in the league, narrowly missing out on a place in the promotion match. The league was won by Amber Valley, who went on to win the promotion match, and they will now compete in the Midlands Premier division. I would like to say a big thank you to Serena Bignell who encouraged and helped me to set up the YDL team, to Nick Reade for his invaluable input and experience, to the RAC coaches who taught our athletes new tricks, to our team of officials and parent helpers and last, but most importantly, to our amazing athletes for their incredible performances and attitude.

Jo Davis
RAC YDL team manager