



RAC AGM 2019
Tuesday 26th March 2019



Secretary's Statement

RAC ROCKS

The club continues to be in a healthy position with regards to its membership. We have a whopping 574 members.

137- Seniors

23 - U20s

53 - U17s

105 - U15s

140 - U13s

113 - U11s

We have held 4 induction nights since March 2018. Breakdown for each one below.

May 2018 – 65 attendees

September 2018 – 82 attendees

November 2018 – 45 attendees

March 2019 – 64 attendees

Our coaches and parent helper numbers have also increased as we have welcomed Mike Foxall, Abigail Cast, Louise Read, Sarah Maston and Tim Sorrell to our amazing team of dedicated volunteers. We would like to thank them all for the time they put into the club.

In February 2019 the club provided a Leading Athletics Course for its members where a number of our juniors and parents attended to learn the essential skills to lead athletics sessions for young children and adults.

Our coaches and volunteers have also undergone essential safeguarding children and first aid training in the past year ensuring we continue to maintain high standards of welfare at our look out for the wellbeing of all our members.

During 2018 / 19 the club has been working closely with Cerebral Palsy Sport to provide RaceRunning sessions for athletes in the local area with CP. These sessions have been run alongside indoor sprint training over the winter months show the inclusivity of our club and that it really is open to anyone.

In the Rushcliffe Community Awards 2018 Maya Todd McIntyre was the worthy winner of the Boroughs Sports person of the year award

RAC continue to be part of the Nottinghamshire Athletics Network, enabling us to have a voice on the various workshop that can be organised though the year. Allowing the club to hold several NAN hurdle jumps academy at our track in Bingham and free to our members.

Let's carry on making the club a fun friendly place to come and train and achieve the best whilst being in a blue vest.

Marc Scott